

# GROCERIES

## FRESH HERBS

- PARSLEY
- OREGANO
- 2 CILANTRO

## PRODUCE

- 1 GREEN BELL PEPPER
- 2 SMALL ONIONS
- 3 CARROTS
- 12 GARLIC CLOVES
- 2 MEDIUM YUKON GOLD POTATOES
- VEGGIES OF YOUR CHOICE FOR ROASTED VEGGIES (I ALWAYS GO FOR BROCCOLI, BRUSSELS AND CARROTS)
- 2 LBS. MIXED BABY POTATOES
- 1 LARGE OR 2 SMALL SPAGHETTI SQUASH
- 4 LARGE POBLANOS
- 1.5 LBS. TOMATILLOS
- 1 HEAD GREEN LEAF LETTUCE
- 1 RED ONION
- 1 BAG MATCHSTICK CARROTS
- 4 GREEN ONIONS
- KNOB OF GINGER
- 2 THAI CHILES

## GRAINS, LEGUMES + PASTA

- BLACK, GREEN OR FRENCH LE PUY LENTILS (YOU'LL NEED 1-1/4 CUP)
- 1 LB (8OZ IF YOU'RE ONLY COOKING FOR TWO) DRIED BUCATINI OR SPAGHETTI

## OPTIONAL FOR POZOLE

- RADISHES
- ICEBERG LETTUCE
- LIMES
- AVOCADO

## MEAT AND POULTRY

- 1 LB. BONELESS, SKINLESS PORK BELLY
- 4 SKIN-ON, BONE-IN CHICKEN THIGHS
- 3 LBS. BONELESS, SKINLESS CHICKEN BREASTS (2 LBS. + 1 LB.)

## GROCERY

- 1 CAN OF CRUSHED TOMATOES (YOU'LL NEED 1/4 CUP)
- BAY LEAF
- SWEET SMOKED PAPRIKA (OR JUST SMOKED)
- BLACK PEPPER
- LEMON PEPPER SEASONING
- GROUND CUMIN
- SHERRY VINEGAR
- CHICKEN BROTH (YOU'LL NEED 4 CUPS)
- 2 25OZ MEXICAN STYLE HOMINY
- ARROWROOT FLOUR OR CORNSTARCH
- ALMOND BUTTER
- SESAME OIL
- COCONUT AMINOS
- FISH SAUCE
- RICE VINEGAR
- COCONUT MILK (FULL FAT)

## DAIRY + REFRIGERATED

- UNSALTED BUTTER
- PECORINO ROMANO CHEESE
- 2 EGGS

## OPTIONAL FOR PAD THAI

- BEAN SPROUTS
- THAI OR REGULAR BASIL
- LIMES
- ROASTED CASHEWS